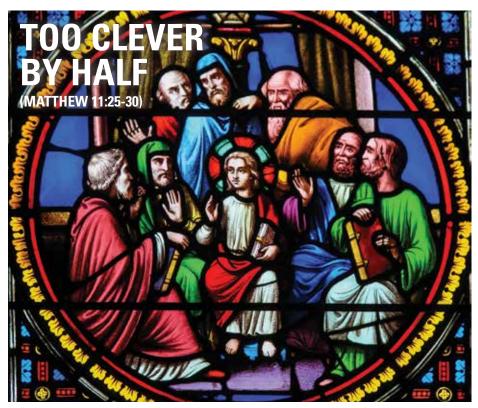
THE WORD
Year A • Psalter Week 2



Stained glass in the Chapel of Notre-Dame-des-flots in Sainte Adresse, Le Havre, France, depicting Christ in the Temple of Jerusalem among the doctors (1857)

Jesus has been preaching throughout his home region of Galilee. He must have had high hopes that the Pharisees and the religious leaders would accept his message and recognise that it came from God.

After all, these are "the learned and the clever", the experts on the Law who know it inside out. They, above all others, should be able to recognise God's Son when he speaks to them.

But Jesus' efforts haven't succeeded. In fact, he faces mounting opposition. The Pharisees and the religious leaders reject him and his message. They see no evidence that he is the Son of God.

Jesus must have been terribly disappointed at his failure to win over "the learned and the clever" but he doesn't lose heart. He knows that he is doing the Father's will, and that's all that counts.

And he realises too that his preaching has not been in vain. The ordinary people, those he describes as "mere children", have grasped his message. The simple and ignorant, who have no education or training in the Law, recognise who he is – people like his disciples, and those who are sick, and sinners.

Jesus realises that this was God's plan all along. He thanks God his Father for choosing to reveal his truth to the little ones, while hiding it from the self-important.

The lesson for us is that we must be open to God's plan for us, as Jesus was, and actively trust that our heavenly Father knows best. ■

#### SAY

"I thank you, Lord, for being so close to me. Strengthen my faith. Amen."

# REFLECT

here are times when we all experience life as difficult and painful. We can feel overburdened with problems or worries of one kind or another. The death of a loved one may have left our heart broken. A person close to us may be sick. Our bank balance may be deep in the red. Our business may be going under. We may have lost our job. There may be problems in the home or with an addiction. We may find ourselves stuck in a crucifying depression we can't shake off.

Bring all of that to Jesus today. Lay your worries and anxieties on him, for he is gentle of heart. Ask him for the rest and peace that you seek.

#### LEARN

A yoke was a bar laid across the shoulders of a slave for carrying a heavy burden. Many rabbis referred to the Law as a yoke placed on the shoulders of the people of Israel. By contrast, the yoke that Jesus invites his followers to take on is not a burden but something that is gentle and life-giving.

The Good News is for everyone.

# **PRAY**

There is so much trouble and anxiety in our world today, so many people caught up in civil conflict and violent unrest. Ask the Prince of Peace to ease people's suffering and grant them the rest for their souls that he alone can give.

## DO

Look at how children relate to their parents. Observe them. Note how they trust their parents completely and instinctively, how they feel secure when they hold a parent's hand, how utterly receptive and open they are to their parents. That is how we are called to relate to our God.



#### **ENTRANCE ANTIPHON**

Your merciful love, O God, we have received in the midst of your temple. Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice.

#### **GLORIA**

Glory to God in the highest, and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen.

#### COLLECT

O God, who in the abasement of your Son have raised up a fallen world, fill your faithful with holy joy, for on those you have rescued from slaven

for on those you have rescued from slavery to sin

you bestow eternal gladness.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,

one God, for ever and ever.

Amen.

## FIRST READING Zechariah 9:9-10

A reading from the prophet Zechariah.

The Lord says this:

"Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem!

See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth."

The word of the Lord. Thanks be to God.

**PSALM** Psalm 144

Response:

I will bless your name for ever, O God my King.

I will give you glory, O God my King, I will bless your name for ever. I will bless you day after day and praise your name for ever. (R.) The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures. (R.)

 All your creatures shall thank you, O Lord, and your friends shall repeat their blessing.

They shall speak of the glory of your reign and declare your might, O God. (R.)

The Lord is faithful in all his words and loving in all his deeds. The Lord supports all who fall and raises all who are bowed down. (R.)

### **SECOND READING** Romans 8:9.11-13

A reading from the letter of St Paul to the Romans.

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

The word of the Lord.

Thanks be to God.

## **GOSPEL ACCLAMATION**

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth.

for revealing the mysteries of the kingdom to mere children.

Alleluia!

# GOSPEL Matthew 11:25-30

A reading from the holy Gospel according to Matthew.

Jesus exclaimed, "I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

"Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light."

The Gospel of the Lord. **Praise to you, Lord Jesus Christ**.

## **PROFESSION OF FAITH**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father;

through him all things were made. For us men and for our salvation he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come. Amen.

### **PRAYER OVER THE OFFERINGS**

May this oblation dedicated to your name purify us, O Lord, and day by day bring our conduct closer to the life of heaven.
Through Christ our Lord.
Amen.

#### **COMMUNION ANTIPHON**

Come to me, all who labour and are burdened,

and I will refresh you, says the Lord.

## PRAYER AFTER COMMUNION

Grant, we pray, O Lord,

that, having been replenished by such great gifts,

we may gain the prize of salvation and never cease to praise you. Through Christ our Lord.

∆men

"Unless we look at a person and see the beauty that is in them, we can contribute nothing to them. One does not help a person by discerning what is wrong, what is ugly, what is distorted. Christ looked at everyone he met, at the prostitute, at the thief, and saw the beauty hidden there. Perhaps it was distorted, perhaps damaged, but it was beauty none the less, and what he did was to call out this beauty."

Metropolitan Anthony Bloom



